MUSCULOSKELETAL SPECIFIC FRACTURE MANAGEMENT



Clavicle Fracture and Neck of Humerus Fracture

Both of these fractures usually only require a polysling and Virtual Fracture Clinic follow- up





Displace Radius & Ulna Fracture

Grossly unstable fracture
Ensure sensation documented
prior to action.
Backslab and admit to
Orthopaedics for ORIF



Trimalleolar Fracture

Occasionally these present to minors. These are highly unstable fractures. If there is talar shift- unequal distance between the talus an malleoli, they need manipulation in Resus. Even if there is no talar shift they will usually need to go to Resus for analgesia and a backslab.



Isolated Medial Malleolus Fracture

Be wary if you see an (apparently) isolated medial malleolus fracture. They are often associated with a proximal fibular fracture.





Undisplaced Lateral Malleolus Fracture

On the other hand a moonboot and Virtual Fracture Clinic referral will usually suffice for an undisplaced lateral malleolus fracture