

## EPLÉY MANOEUVRE

The Epley manoeuvre is a treatment for benign paroxysmal positional vertigo. A single manoeuvre is effective in approximately 85 % of patients.

BPPV is caused by debris in the semicircular canals, usually the posterior canal. The Epley manoeuvre aims to move the debris to the vestibule where it cannot cause symptoms. The procedure can be repeated until symptoms and nystagmus are no longer present.

